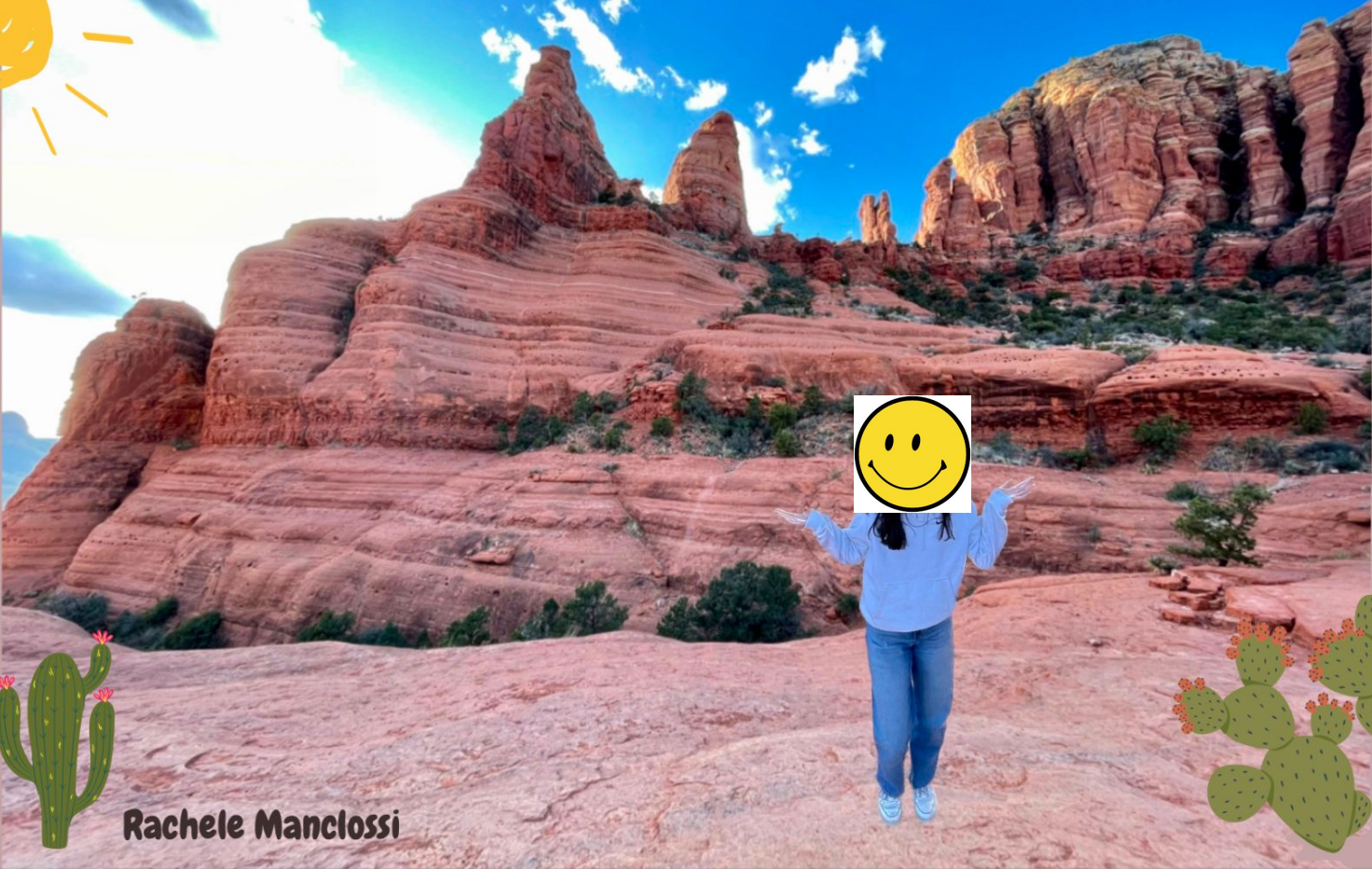
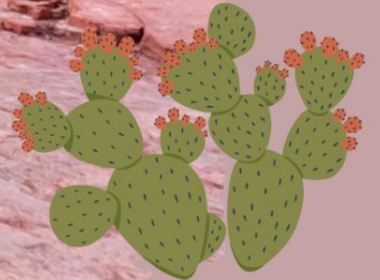


MY EXCHANGE YEAR in ARIZONA

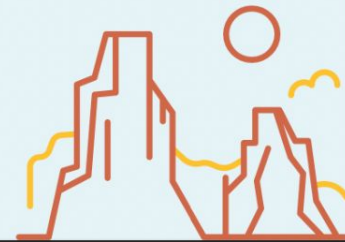
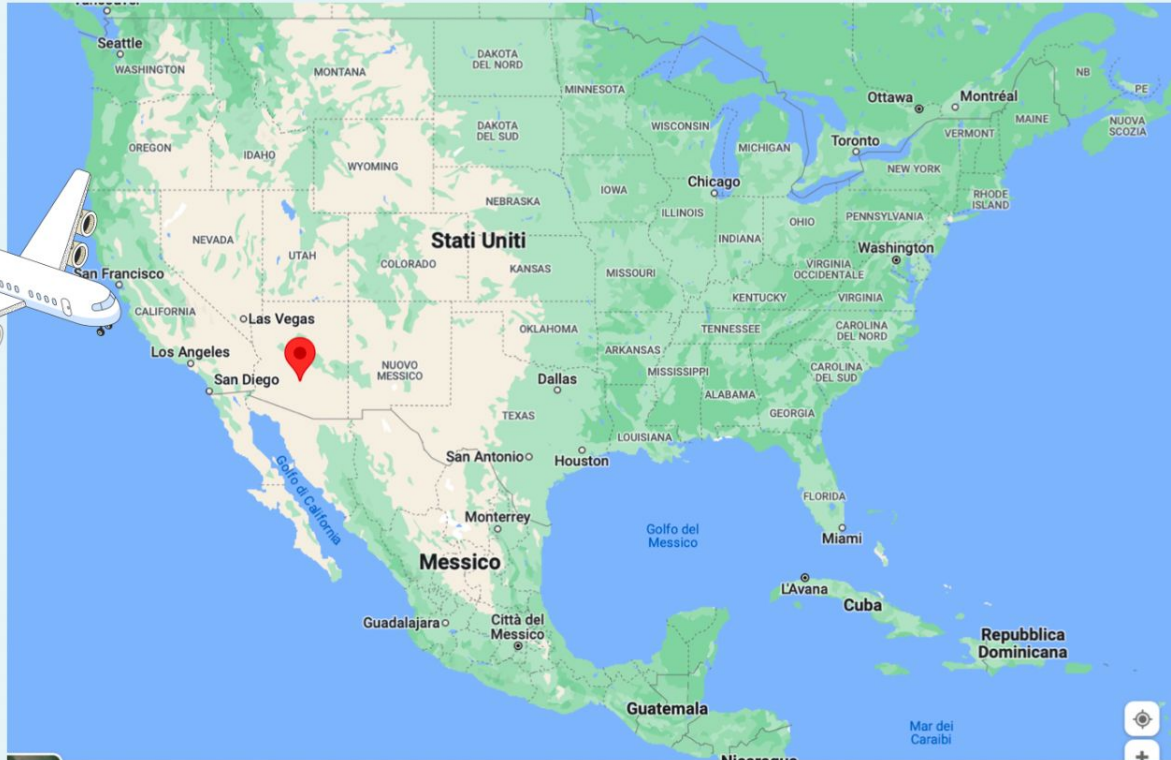


Rachele Manclossi





Chandler, Arizona



Arizona: the Grand Canyon State



Hamilton High School



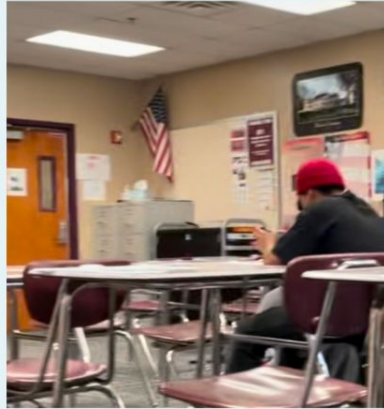
- more than 4.000 students
- one of the biggest school in Arizona



the American school system vs the Italian system

SCHOOL DAILY ROUTINE:

7:25-8:21	Chemistry
8:26-9:22	Physical education
9:27-10:23	Math- pre calculus
10:28-12:12	American History
12:17-1:13	Biology
1:18-2:14	English 12



- every hour you change class with different classmates
- "Pledge of Allegiance" in front of the American flag

LESSONS AND TEACHING METHOD:

- autonomous and entertaining lessons
- quiz, test, final exam, kahoot, video
- grades includes every type of assessment
- final grade: 40% from the first semester, 40% from the second one, 20% from the final exam

SAFETY AT SCHOOL

- only in 2023 there have been 25 school shooting in the US
- security



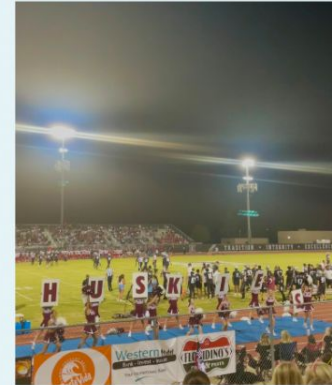
FACILITIES:

- classes and hallways look more welcoming
- pencil, books and laptop free
- cafeteria for breakfast and lunch



STUDENTS LIFE STYLE:

- almost no dress code
- lots of sport
- Stugo (student government)
- do not socialize often



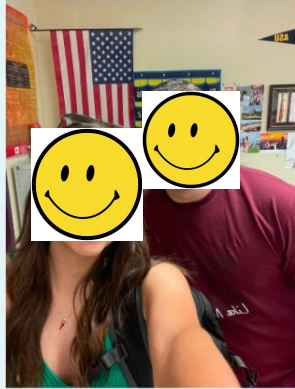
CEREMONY AND EVENTS

- school dance: homecoming, prom
- spirit weeks
- graduation



RELATIONSHIP STUDENT-TEACHER

- tutoring
- different relationship with them, more friendly, which has both pros and cons
- they helped me every time I needed
- counsolor



Your Enneagram Results

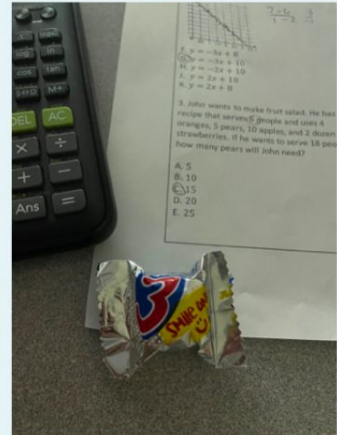
The graphic below shows your scores for each of the nine Enneagram types. The larger the area of a portion, the higher your score for that particular type.



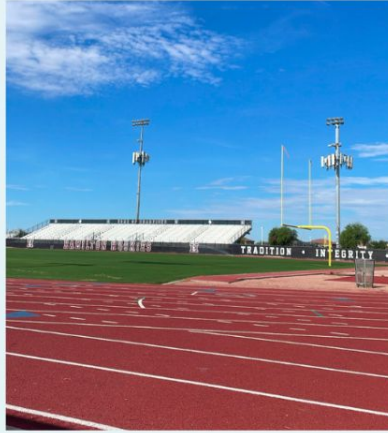
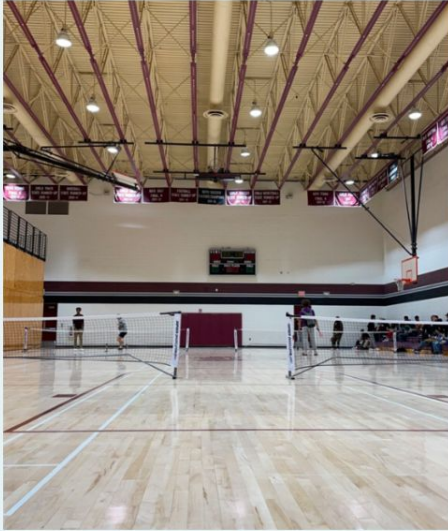
CHEMISTRY



MATH



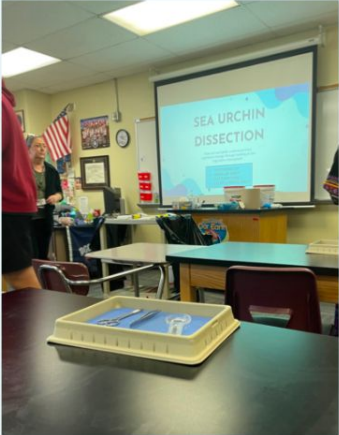
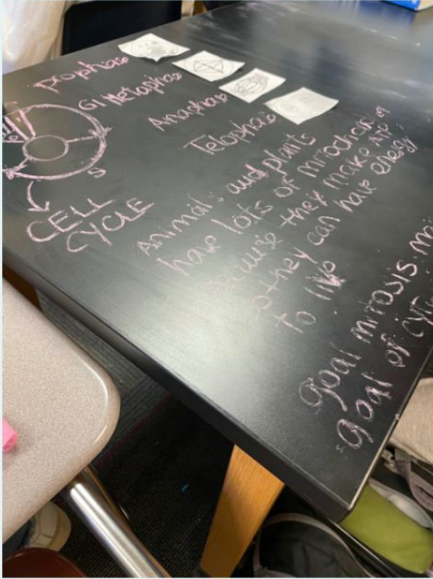
PHYSICAL EDUCATION



HISTORY



BIOLOGY



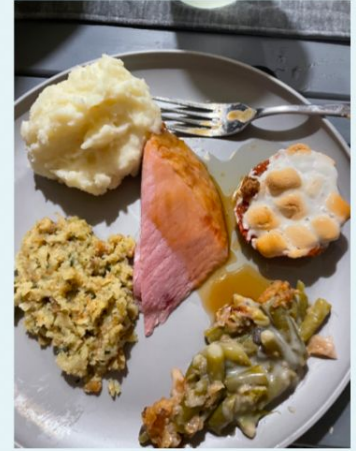
ENGLISH



Cultural differences

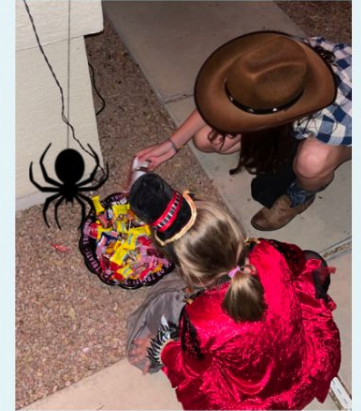
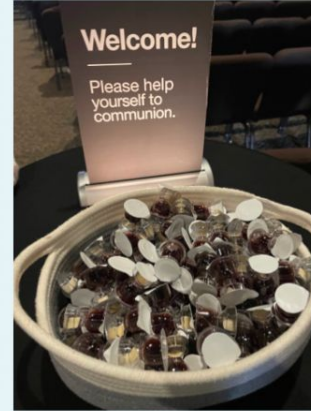
EATING OUT

- fast food
- food mostly processed with preservatives
- beverage refills and water free
- unbalanced meals



LIFE STYLE AND RELATIONSHIPS

- focus on school, sports and job
- do not hang out often, friendships more superficial
- curfew is decided by the State
- more freedom of thought and appear
- very consumerists, not able to save money
- main holidays: Christmas, Halloween, Thanksgiving (pi day)



how green are Americans?

- they do not recycle
- shopping plastic bag free
- lots of straws each day (500 million)
- flasks
- big but clean streets with lots of traffic lights
- almost no cycle lines and public transportation
- no solar panels
- air conditioning all year



Personal growth and difficulties

Difficoltà

Comunicazione

Amicizie

Famiglia ospitante



Crescita personale

Apertura mentale

Maggior indipendenza

Maggior capacità di adattamento

Minore difficoltà nel
relazionarsi

Maggior sicurezza in me stessa

Vivere a pieno ogni momento



"coming out of your comfort zone is **TOUGH** in the beginning, **CHAOTIC** in the middle and **AWESOME** in the end. It shows you a whole **NEW WORLD**"

